Work and Play in the Household

EDITED BY FRANCES MARSHALL

HELPFUL HINTS FOR THE BUSY HOUSEWIVES FOR THE CHILDREN



French women, it is said, any taking up the wearing of square watches, and there are many other phases of the square watc

or at least reduce her meat diet, and substitute eggs and plenty of fresh milk. If the face looks scally and the skin with a variety of fresh vegetables and salads dressed with pure olive oil, she sharp knife cut through the central will need no attention from the family cold cream. For the first, allow seven but a downward from the cob. If mixed with one cup of stewed tomatoes, you lack the patience to grate it, then Add to this one green pepper minced very with a sharp knife cut through the central cold cream. For the first, allow seven but side of the knife, pressed firmly six slices of toast. Whole wheat bread is physician except in case of emergency. Let her also drink plenty of fresh, cool. not ice cold, water between meals, not water with a dash of lemon, drunk three nights. just before retiring.

Substitute fresh or stewed fruit for

astry and puddings common to the inter dinner table. Bathing is particularly essential in the summer and the daily bath will exercise magical effect on a muddy complexion. The languid girl will find exhilaration in salt bath, using a handful of co comes in sacks at any drug store, added to the ordinary tepid or warm bath. Vinegar baths are a veritable tonic to the singsish skin, and are taken best in the form of a sponge. Add half a cup of pure vinegar or wine vinegar to a big busin of tepid or cold water, dip a huge ponge in this and allow the soak into the face and then run down in the soak into the face and then run down in the streams all over the body. Pat, do not rub dry. On the other hand, when taking your regulation warm bath, rub taking your expect to have a clear and finish off with the powder mentioned above.

For freckles use lemon juice and giverine in equal proportions. If this fails have your druggist mix

your nightly ablutions. Bathe your face sult a first-class dermatologist, but do with sweet milk or huttermilk. Do not not experiment with lotions containing powerful acids.

but buy from your druggist a jar of life you do not wish to tan, protect your

giris have two face cloths, one for rub-bing on the soap and another for rins-as possible-not less than five minutes. Wash off with hot water, and powder with a particularly dangerous practice in the simple powder formula given above. The simplest and yet most e cacious of lotions for tan is this: Mix in a bottle

face.

If the skin is oily, and the water which you use is hard, soften it with a pinch of borax, bicarbonate of sods, or a few drops of ammonia. Compound tincture of benzoin is the daintiest of all prepture of the skin is oily, and the water which and the mixture must be shaken each parts every half hour until relief is felt. arations for softening water, and is re-

bowl of water. When the oil exudes in quantities that will reduce the wrinkle or

wash rags. It may be used also by the girl whose skin is oily. After re-moving the cold cream, she may dust her face with a simple powder made from To per cent of prepared chalk to 25 per cent of zinc oxide. It is much better to use a simple but reliable brand of cold cream and this powder than highly-

complexion if your body is not properly cared for Part of your breathing is done the h the minute pores of the skin, and they must be kept open by proper cleansing from scalp to sole of the back to the days of Cleopatra for

but buy from your druggist a jar of small balls of sterilized absorbent cotton, such as surgeons use for cleansing wounds. Pour the milk into a saucer, dip the ball into this and sop your face thoroughly with it. Use a fresh ball for each bath.

Solled washrags are actually dangerous, and the tidy girl keeps one rag applying this pomade wash the face with for her face and another for her body. Some solved a pinch of her proposed of seven discovering the proposed of the proposed o former is boiled religiously. Some solved a pinch of blearbonate of soda. have two face cloths, one for rub-Allow the pomade to remain on as long

ticularly virulent at this season. The one ounce of arrowroot and eight ounces of gin. The arrowroot will not dissolve,

for softening water, and is re-to the skin in summer. Tweive bould be added to an ordinary All massage movements should be upward and outward from the mouth. This keep the skin shiny at all times, try from nostrils to the corners of the mouth, this lotton, applied as suggested for a sure sign of advancing years—and

are the kind that illustrate the various nursery rhymes. Each panel bears a different subject, so that, counting both sides, there are six different rhymes illustrated.

Figures cut out of chints, cretonne, or silk, and appliqued on denim, enliven other juvenile screens. A third style bears pictures embroidered on canvas in cross stitch. One screen represents a menagerie, and the animals are such specific properties.

SANITARY DISH CLOTHS.

Mosquito netting is used by some women for dish cloths. It has the great advantage of being cheap. Of course, it would not do for cleaning pots and pans. But pot and pan cloths can be made menagerie, and the animals are such specimens as Alice might have been expected to find in Wonderland. These screens are useful to shut off the children's bed from the rest of the nursery, or to encircle the baby's crib when he is taking his nap in a room occupied by other persons.

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The destination of the colors produces a very good result.

A good way to clean ivory is to rub it and then with a paste on it and then rub the ivory with his nap in a room occupied by other persons.

Banana skins make a very good leather the colors produces are packeton in the post of the colors produces are packeton in the post of the colors produces are packeton in the post of the colors produces are packeton with a paste on the past of the colors produces are packeton in the post of the colors produces are packeton in the post of the colors produces are packeton in the past of the colors produces are packeton in the past of the colors produces are packeton in the past of the from old sugar bags or squares from

ROSS Patch drew the latch, And sat by the fire to spin, She wove a gown of somber brown,

To go to meeting in.

Find two preachers who spoke at the meeting. Answer: In the skirt, along edge of apron; lower edge of skird

Seasonable Dishes Donated by Many Readers

weed—the old Greek oil bath, or simple old cream. For the first, allow sever of the richest have time of accessory of making and receiving and the state of the pulp. To one part of accessory of making after rising. Or, if there easely the a dash of lemon, drunk re-retiring, rest one night, and then receiving reflect on a walkt, or well-beaten eggs, as it to a walkt. How you walk to retire the mixture is cool, turn into the mixture

Tomatoes in small molds of aspic jelly

in the starch makes it smoother.

over. Season with a light teaspoonful of Tomatoes in small molds of aspic jelly sait and half a teaspoonful of curr are delicious for high tea or a luncheon powder. Pour in half a cup of water

THE HOUSEKEEPER'S ALMANAC

MONDAY, JULY 27.

time the organdie collars and cuffs, almost universally worn on women's blouses, call for careful starching. A little wax or paraffin dissolved

TUESDAY, JULY 28. A woman recently lightened her laundress' Tuesday work in the warm weather by having an electric wire carried to the back porch,

where, with an electric iron, the ironing could be done with comparative WEDNESDAY, JULY 28

and a warm, cleansing bath a half-hour before the evening meal. Both

THURSDAY, JULY 30.

meat saiad, an urn of coffee, or a punch bowl of cooling drink, fruit and

and silver. Then each member can serve himself, as at a club breakfast

FRIDAY, JULY 31.

The fad for paper-bag cookery should have persisted for the cooking of fish. Try cooking the Friday fish in one of these cookery bags, and

SATURDAY, AUGUST 1. For the Saturday picnic and all the week, use paper napkins to lighten the laundry work during hot weather. For the fruit course,

serve paper napkins to save the linen napkins from being stained. The

paper napkins-as large as dinner napkins-are more acceptable

Cut out this daily household hint and pin it on the kitchen wall for

On the maid's day out, why not simplify matters by having dinner changed into a hearty supper, served from the buffet. Sandwiches, a

can all be arranged on the sideboard with plates, cups and saucers,

baths should be short, as a long bath is debilitating.

you will have no fishy tins to clean up after.

than the usual small ones.

The best way to withstand the effects of the summer heat is a daily regime of warm baths. For extreme heat try this: A luke-warm bath before breakfast in water in which a little sea salt has been dissolved,

Starch is coming back into its own. We haven't begun to have our petticoats starched yet, but if the present tendency toward crinolines continues we shall be having starched ruffles before long. In the mean-

serving ices. Add a maraschino cherry and a bit of the juice; then on top heap

sized pieces of fruit over which siderable sugar has been scattered. Then make a batter of the yolks of three eggs. four tablespoonfuls of sugar, three of cream and the same amount of flour. Stir well together, and then add the beaten whites of the eggs, unless you prefer to keep them for a meringue the batter over the fruit and bake for about three-quarters of an hour.

Queen Cup.

This is a very dainty dessert which serve in high glasses. We like it on warm days. To make it fill the glasses half full with fine pieces of orange, from which all the stringy pulp has been re-

The editor will be glad to receive and publish favorite recipes and to answer questions.

mosphere upon which so much of future into his black broadcloth evening

nilla ice cream, color it green with pis-vegetable coloring and flavor with pis-tache. When ready to serve, put this into the tall glasses so much used for serving ices. Add a marschino cherry of the things she wouldn's do if a guest apron still on, her sleeves rolled up and were present—then, and not later, is the her cheeks red from the kitchen fire time for her to begin her efforts for But never a night passed in this little better family manners. But the first flat that the little wife did not look and a bit of the juice; then on top heap a large spoonful of whipped cream, or you may put the cherry in the heart of the whipped cream.—From Old Cook.

Peach Padding.

Peach Padding.

Fill the baking dish half full of goodsized pieces of fruit over which considered pieces of fruit over which cons problem isn't dute so easy. For Mony to appear angry at John's negligence pany, not so much because company was would be folly and to scold him for it anything of a pleasure in itself, but bewould in most cases be no remedy at all.
"Why, John." Molly might say with a playful twinkle in her eye and a mock Mother would always come to broke the company of the best of most of the best of the company with the best of most of the best of the company with the

> knows he cannot resist.
>
> When Molly is the mother of the household as well as the wife the duty of keeping up the tone of the family polite- laughed together-though usually there ness still falls on her. There is nothing wasn't anything to talk about so early ness still fails on her. There is nothing that does so much to make the school or business day go right as to have mother start it right in the morning.
>
> In a well-regulated English household have any trouble in getting down as soon

Apricot Mousse.

Stew half a pound of apricots until they become a very soft pulp and pass through a sleve. To each pint of pulp add the grated rind of half a lemon, a teaspoonful of lemon juice, one teaspoonful of vanilia, and half a cup of hot cream. Dissolve one ounce of gelatine in half a cup of hot cream, add the sieved apricots. Whip two cups of sweet cream and add one teaspoonful of sugar. Add to the gelatine mixture, beating all together lightly for a few moments, and pour into a fancy mole until cold and firm.—From Frozen Dessert.

Stew half a pound of apricots until does at seven in the evening.

We need to cultivate family politeness, but I never had one before where the family and his good little wife was doing all the housework and thinking very little of the prosperous times in the future. It's a truth we women cannot get away from that this spirit of politeness in the away from that this spirit of politeness in the away from that this spirit of politeness in the family is almost always the reflection of the efforts of the mother or wife of the household. The young married woman cannot begin too early to produce this environment and this atmosphere upon which so much of future

The first a seven in the evening.

We need to cultivate family politeness, but I never had one before where the family and his gould little wife was doing all the housework and thinking very little wife was for the prosperous times in the future. It some time he would be revering suit would be a matter of course for every dinner. Meantime, he was live ing suit would be a matter of course for every dinner. Meantime, he was live ing suit would be a matter of course for every dinner. Meantime, he was live ing suit would be a matter of course for every dinner. Meantime ing suit would he not really be in a position werely and his gould he not show her the respect that the would be reverings with would be a matter of coursely for every dinner. Meantime ing suit With Pistache.

A very cool and pretty dish for dinner on a summer night is pistache parfait. Use your ordinary recipe for vanilla ice cream, color it green with

> cause the family always acted so joily "Why, John." Molly might say with a playful twinkle in her eye and a mock serious tone in her voice, "only bachelors are allowed to bury themselves behind of their newspapers. No, no, I simply can't bear not seeing you." Then, while John reluctantly throws aside his paper, the cright sort of Molly should put herself in her most agreeable mood, the mood she burned, though you knew for a fact that when there wasn't company he couldn't eat it, and father and mother talked and

of comfortable means a great deal more attention is given to everyday family Remember that your children are just manners than is normally done in this country. For the daughter of the house sulkiness, unloveliness, and unmannerito appear at the family dinner in any-thing but a decoilete gown would, in some English households, be taken as a mark of disrespect to the mother and bread and butter. as you owe them shoes and

troubles